



73rd Glenmark Senior National Aquatic Championships 2019
BHOPAL, 31/8 - 4/9/2019



Event 17
02/09/2019

Men, 400m Medley

Open
Results Prelim

NMR 4:30.13 REHAN PONCHA KAR THIRUVANTHPURAM 10/10/2009

Points: FINA 2019

Rank	YB	Time	Pts	100m	200m	300m	400m
1.	T Emil Robin Singh	R.S.P.B	4:42.69 641 Q	1:04.05	1:13.21	1:19.51	1:05.92
	50m:	150m:	250m:	350m:			
	100m: 1:04.05	200m: 2:17.26	300m: 3:36.77	400m: 4:42.69			
2.	Siva S	KAR	4:49.33 598 Q	1:04.17	1:16.61	1:23.25	1:05.30
	50m:	150m:	250m:	350m:			
	100m: 1:04.17	200m: 2:20.78	300m: 3:44.03	400m: 4:49.33			
3.	JAYANT M	SSCB	4:49.60 596 Q	1:03.94	1:15.87	1:24.16	1:05.63
	50m:	150m:	250m:	350m:			
	100m: 1:03.94	200m: 2:19.81	300m: 3:43.97	400m: 4:49.60			
4.	Vishal Grewal	90 DELHI	4:50.63 590 Q	1:07.21			1:02.99
	50m:	150m:	250m:	350m:			
	100m: 1:07.21	200m:	300m: 3:47.64	400m: 4:50.63			
5.	Yogeshwar Prasad	UTTAR PRADESH	4:59.03 542 Q				
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m: 4:59.03			
6.	Nanak Moolchandani	00 M.P.	4:59.32 540 Q				
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m: 4:59.32			
7.	Aneesh S Gowda	KAR	4:59.96 537 Q	1:05.92	1:20.63	1:29.75	1:03.66
	50m:	150m:	250m:	350m:			
	100m: 1:05.92	200m: 2:26.55	300m: 3:56.30	400m: 4:59.96			
8.	Harshit Hooda	03 HARYANA	5:00.91 532 Q	1:05.77	1:21.28	1:26.15	1:07.71
	50m:	150m:	250m:	350m:			
	100m: 1:05.77	200m: 2:27.05	300m: 3:53.20	400m: 5:00.91			
9.	Bhargav Phukan	04 ASSAM	5:01.34 529 R	1:06.91	1:18.48	1:25.60	1:10.35
	50m:	150m:	250m:	350m:			
	100m: 1:06.91	200m: 2:25.39	300m: 3:50.99	400m: 5:01.34			
10.	SAHEEL GANGOTE	MAHARASHTRA	5:01.86 527 R	1:05.95	1:19.14	1:27.59	1:09.18
	50m:	150m:	250m:	350m:			
	100m: 1:05.95	200m: 2:25.09	300m: 3:52.68	400m: 5:01.86			
11.	VIRAJ DHOKALE	MAHARASHTRA	5:03.36 519	1:03.42	1:16.82	1:32.86	1:10.26
	50m:	150m:	250m:	350m:			
	100m: 1:03.42	200m: 2:20.24	300m: 3:53.10	400m: 5:03.36			
12.	Mandar Anandrao Divase	POLICE	5:05.37 509	1:04.77	1:20.55	1:33.13	1:06.92
	50m:	150m:	250m:	350m:			
	100m: 1:04.77	200m: 2:25.32	300m: 3:58.45	400m: 5:05.37			
13.	Yash Varma	TELANGANA	5:08.41 494				
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m: 5:08.41			
14.	Supriya Mondal	R.S.P.B	5:18.47 448	1:04.61	1:26.26	1:30.09	1:17.51
	50m:	150m:	250m:	350m:			
	100m: 1:04.61	200m: 2:30.87	300m: 4:00.96	400m: 5:18.47			
15.	ARVIND MANI	SSCB	5:19.60 444	1:09.07	1:24.82	1:27.86	1:17.85
	50m:	150m:	250m:	350m:			
	100m: 1:09.07	200m: 2:33.89	300m: 4:01.75	400m: 5:19.60			



73rd Glenmark Senior National Aquatic Championships 2019
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Event 18
02/09/2019

Women, 200m Breaststroke

Open
Results Prelim

NMR 2:41.88 Saloni Dalal TRIVANDRUM 20/09/2018

Points: FINA 2019

Rank	YB		Time	Pts	100m	200m
1.		Saloni Dalal KAR	2:46.20	586 Q	1:20.58	1:25.62
2.	01	Kalyani Saxena GUJARAT	2:46.27	585 Q	1:20.97	1:25.30
3.	02	Annie Jain M.P.	2:46.65	581 Q	1:20.74	1:25.91
4.		APEKSHA FERNANDES MAHARASHTRA	2:48.60	561 Q	1:22.38	1:26.22
5.		JYOTI PATIL MAHARASHTRA	2:50.59	542 Q	1:23.24	1:27.35
6.		Saanvi S Rao KAR	2:51.46	534 Q	1:23.63	1:27.83
7.		Harshitha Jayaram R.S.P.B	2:53.70	513 Q	1:23.60	1:30.10
8.	97	Chahat Arora PUNJAB	2:57.80	478 Q	1:24.86	1:32.94
9.	06	Shriya Ishwar Prasad TAMILNADU	2:57.88	478 R	1:23.70	1:34.18
10.	04	Kushpreet Kuaur M.P.	2:58.77	471 R		
11.		SILKI NAGPURE GUJARAT	3:02.27	444	1:25.19	1:37.08
12.	04	Arpita Sahu ODISHA	3:06.96	411	1:28.56	1:38.40
13.		Tejal Verma UTTAR PRADESH	3:14.87	363	1:31.81	1:43.06

Event 19
02/09/2019

Men, 200m Breaststroke

Open
Results Prelim

NMR 2:15.22 SANDEEP SEJWAL RLY KERALA 23/11/2013

Points: FINA 2019

Rank	YB		Time	Pts	100m	200m
1.		M Lohith. R.S.P.B	2:22.31	705 Q	1:08.25	1:14.06
2.		ARUN S SSCB	2:23.75	684 Q	1:08.78	1:14.97
3.		Likith S P KAR	2:24.60	672 Q	1:13.07	1:11.53
4.	00	Danush S TAMILNADU	2:24.69	670 Q	1:08.36	1:16.33
5.		Tanish Kaswan RAJASTHAN	2:25.46	660 Q	1:09.65	1:15.81
6.		Oum Saxena GUJARAT	2:26.30	649 Q	1:09.58	1:16.72
7.		AKASH POWAR SSCB	2:28.03	626 Q		
8.	90	Aditya Dubey DELHI	2:29.47	608 Q	1:12.56	1:16.91
9.		Ansh Arora UTTAR PRADESH	2:30.44	596 R	1:12.03	1:18.41
10.	00	Varun Patel M.P.	2:33.08	566 R	1:13.29	1:19.79
11.		Litheesh G Gowda KAR	2:33.23	564	1:12.45	1:20.78
12.		JAY EKBOTE MAHARASHTRA	2:36.26	532	1:14.57	1:21.69
13.	04	Bhargav Phukan ASSAM	2:37.28	522	1:15.87	1:21.41
14.		T Emil Robin Singh R.S.P.B	2:38.21	513	1:17.66	1:20.55
15.		SHUBHAM RAWAL MAHARASHTRA	2:41.40	483		
16.	04	Parvez Maharroof Md A.P.	2:52.65	394		
17.	05	Upendra Pujari ODISHA	3:01.55	339		
17.	96	Harnimrat Singh Bhinder PUNJAB	3:01.55	339	1:25.18	1:36.37
19.		G. Ashish Teja TELANGANA	3:17.78	262	1:27.26	1:50.52



73rd Glenmark Senior National Aquatic Championships 2019
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Event 20
02/09/2019

Women, 50m Butterfly

Open
Results Prelim

NMR 28.64 Divya Satija HARYANA BHOPAL 10/10/2017

Points: FINA 2019

Rank	YB	Time	Pts
1. Divya Satija	96 HARYANA	28.71	616 Q
2. Nina Venkatesh	KAR	29.02	596 Q
3. JYOTSNA PANSARE	MAHARASHTRA	29.26	582 Q
4. KENISHA GUPTA	MAHARASHTRA	29.29	580 Q
5. Arya Rajguru	MAHARASHTRA	29.69	557 Q
6. Avantika Chavan	R.S.P.B	29.81	550 Q
7. Suvana C Baskar	KAR	29.92	544 Q
8. Jayaveena A V	08 TAMILNADU	30.33	522 Q
9. Talasha Prabhu	93 GOA	30.41	518 R
10. Uttara Gogoi	04 ASSAM	30.95	491 R
11. Disha Bhandari	UTTAR PRADESH	31.42	470
12. Shreyanti Pan	R.S.P.B	31.43	469
13. Pratyasa Ray	02 ODISHA	31.50	466
14. Anubhuti Baruah	02 ASSAM	31.67	459
15. Hema	90 DELHI	31.77	454
16. Mahi Swet Raj	03 BIHAR	31.99	445
17. Suman Dayanand Patil	00 GOA	32.09	441
18. Nishtha Sharma	05 PUNJAB	32.10	440
19. Bhumi Gupta	05 CHHATTISGARH	32.62	420
20. Bhavjot Kaur	03 PUNJAB	33.53	386
21. G. Hamsini	TELANGANA	34.81	345
22. Meghana L	01 A.P.	37.56	275
23. Kiran Dhapola	UTTARAKHAND	38.25	260
24. Ishita Roy	02 NSA	38.87	248
25. Anshu Devi	03 HARYANA	41.89	198
26. ALYZZA M LYNGDOH	MEGHALAYA	45.89	150

Event 21
02/09/2019

Men, 50m Butterfly

Open
Results Prelim

NMR 24.26 Virdhawal Khade TRIVANDRUM 22/09/2018

Points: FINA 2019

Rank	YB	Time	Pts
1. VIRDHAWAL KHADE	MAHARASHTRA	25.08	700 Q
2. Supriya Mondal	R.S.P.B	25.11	697 Q
3. MIHIR AMBRE	MAHARASHTRA	25.12	696 Q
4. Aman Ghai	POLICE	25.37	676 Q
5. Anshul Kothari	89 GUJARAT	25.51	665 Q
6. Rakshith U shetty	KAR	25.79	643 Q
7. Tanish George Mathew	KAR	25.85	639 Q
8. Viraj Prabhu	R.S.P.B	25.86	638 Q
9. Priyank Rana	90 DELHI	26.11	620 R
10. VINAY SAHARAN	SSCB	26.16	616 R
11. Bikram Changmai	04 ASSAM	26.45	596
12. YUGESH KUMAR J T	SSCB	26.59	587
13. Harsh Saroha	04 HARYANA	27.01	560
14. Achintya Ghoshal	DELHI	27.02	559



Event 21, Men, 50m Butterfly, Prelim, Open

Rank		YB		Time	Pts
15.	BHARGAV SAILOR		GUJARAT	27.32	541
16.	Awadh Naresh Yadav		UTTAR PRADESH	27.56	527
17.	Bikash Haripal	02	ODISHA	27.68	520
18.	SAGNIK KAR ROY		JHARKHAND	27.81	513
19.	ANSHAV JINDAL		PUNJAB	27.90	508
20.	Rudraksh Sahu	02	CHHATTISGARH	28.02	502
21.	Anmol Swet Raj	99	BIHAR	28.20	492
22.	Ankit Sherawat	99	GOA	28.44	480
23.	Kartik Kadiyan	03	HARYANA	28.48	478
24.	Avrajit Indu	01	BIHAR	28.63	470
25.	MANU DEBBARMA		MEGHALAYA	28.72	466
26.	Issh Chaudhary	02	PUNJAB	29.11	447
27.	M. Chhatrajit Singh	98	MANIPUR	29.23	442
28.	Tanneru Sai Tarun		TELANGANA	29.33	437
29.	Sagar Kumar	97	ASSAM	29.61	425
30.	Siddhartha Basak	03	NSA	29.71	421
31.	Ninad Jain	03	M.P.	29.93	411
32.	Shreesh Bakshi		UTTARAKHAND	30.43	391

Event 22
02/09/2019

Women, 50m Freestyle

Open
Results Prelim

NMR	26.61	SHIKHA TANDON	KAR	KOLKATA	20/11/2003
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Points: FINA 2019

Rank		YB		Time	Pts
1.	KENISHA GUPTA		MAHARASHTRA	26.96	676 Q
2.	RUJUTA KHADE		MAHARASHTRA	27.24	656 Q
3.	Mahi Swet Raj	03	BIHAR	27.58	632 Q
4.	Avantika Chavan		R.S.P.B	27.62	629 Q
5.	Jayaveena A V	08	TAMILNADU	27.73	621 Q
6.	Shivangi Sarma	02	ASSAM	27.74	621 Q
7.	Aditi Dhumatkar		R.S.P.B	27.79	617 Q
8.	Talasha Prabhu	93	GOA	27.84	614 Q
9.	Janhvi Choudhury		BENGAL	27.87	612 R
10.	Maana Patel	00	GUJARAT	27.94	608 R
11.	Smruthi Mahalingam		KAR	28.51	572
12.	Swarna K Harith	04	TAMILNADU	28.74	558
13.	Suman Dayanand Patil	00	GOA	28.97	545
14.	Bhavya Sachdeva	90	DELHI	29.05	540
15.	Disha Bhandari		UTTAR PRADESH	29.52	515
16.	Niva Sharma	04	GUJARAT	29.53	514
17.	Deepali Attri	01	PUNJAB	30.06	488
18.	Sonia Patel	03	ODISHA	30.91	449
19.	Joan Christy	07	RAJASTHAN	31.12	440
20.	Banerjee Ishira	01	A.P.	31.77	413
	Vidhi Jaiswal	03	M.P.	31.77	413
22.	Sriti Shaw	03	NSA	32.59	383
23.	Bharti	03	HARYANA	33.52	352
24.	Tejaswini Sharma		UTTARAKHAND	34.73	316
25.	Reena	94	HARYANA	35.67	292
26.	MARYSUKLIN MARBANIANG		MEGHALAYA	39.89	208



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Event 22, Women, 50m Freestyle, Prelim, Open

Rank	YB	Time	Pts
DSQ	Deeksha Ramesh	KAR	27.09

Event 23 Men, 4 x 100m Medley Open Results Prelim
02/09/2019

NMR	3:48.95	R.S.P.B	RLY	RANCHI	25/09/2016
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Points: FINA 2019

Rank	Time	Pts
1. KAR 1	4:04.81	606 Q
Shrihari Nataraj	1:00.11	58.13
Likith S P	1:07.53	59.04
2. DELHI 1	4:06.74	592 Q
Siddhant Sejwal	1:00.81	90
Aditya Dubey	90	54.97
3. R.S.P.B 1	4:07.15	589 Q
Soumyajit Saha	1:01.32	57.93
M Lohith.	1:11.20	56.70
4. SSCB 1	4:07.59	586 Q
ANAND AS	1:00.12	58.65
ASHISH TOKAS	1:11.18	57.64
5. BENGAL 3	4:08.98	577 Q
Pratyay Bhattacharya	1:05.35	56.14
Swadesh Mondal		
6. KERALA 1	4:09.06	576 Q
Aaron J Thomas	1:03.01	58.35
Suneesh. S	1:11.99	55.71
7. MAHARASHTRA 1	4:12.29	554 Q
MEHLAM GHADIALY	1:03.03	1:00.88
JAY EKBOTE	1:09.71	58.67
8. POLICE 1	4:18.27	516 Q
Sajan Prakash	1:01.11	1:01.69
Munish Kumar	1:16.94	58.53
9. A.P. 1	4:45.12	384 R
Venkatesh D	1:06.66	02
Parvez Maharroof Md	1:25.98	02
10. PUNJAB 1	4:50.26	364 R
Jobanpreet Singh	1:09.83	00
Harnimrat Singh Bhinder	1:22.33	01
11. TELANGANA 1	5:00.99	326
Challagani Abhilash		
G. Ashish Teja		