



73rd Glenmark Senior National Aquatic Championships 2019  
BHOPAL, 31/8 - 4/9/2019



Event 1  
31/08/2019

Men, 400m Freestyle

Open  
Results Prelim

NMR	3:54.93	SAJAN PRAKASH	TRIVANDRUM	21/09/2018
Points: FINA 2019				
Rank	YB		Time Pts	100m 200m 300m 400m
1.	90	DELHI	<b>3:57.82</b> 792 Q	2:57.42 50m: 100m: 2:57.42 150m: 200m: 250m: 300m: 350m: 400m: 3:57.82
2.		SSCB	<b>4:05.94</b> 716 Q	58.07 1:02.32 1:03.84 1:01.71 50m: 100m: 58.07 150m: 200m: 2:00.39 250m: 300m: 3:04.23 350m: 400m: 4:05.94
3.		MAHARASHTRA	<b>4:09.83</b> 683 Q	58.98 1:02.96 1:04.35 1:03.54 50m: 100m: 58.98 150m: 200m: 2:01.94 250m: 300m: 3:06.29 350m: 400m: 4:09.83
4.	90	DELHI	<b>4:10.24</b> 680 Q	58.83 1:04.04 1:04.19 1:03.18 50m: 100m: 58.83 150m: 200m: 2:02.87 250m: 300m: 3:07.06 350m: 400m: 4:10.24
5.		KAR	<b>4:11.30</b> 671 Q	59.80 1:04.10 1:04.48 1:02.92 50m: 100m: 59.80 150m: 200m: 2:03.90 250m: 300m: 3:08.38 350m: 400m: 4:11.30
6.		SSCB	<b>4:12.95</b> 658 Q	1:00.13 1:04.33 1:05.23 1:03.26 50m: 100m: 1:00.13 150m: 200m: 2:04.46 250m: 300m: 3:09.69 350m: 400m: 4:12.95
7.		UTTAR PRADESH	<b>4:14.98</b> 642 Q	1:01.57 1:05.24 1:05.14 1:03.03 50m: 100m: 1:01.57 150m: 200m: 2:06.81 250m: 300m: 3:11.95 350m: 400m: 4:14.98
8.		R.S.P.B	<b>4:15.40</b> 639 Q	1:01.86 1:04.80 1:04.94 1:03.80 50m: 100m: 1:01.86 150m: 200m: 2:06.66 250m: 300m: 3:11.60 350m: 400m: 4:15.40
9.	04	ASSAM	<b>4:20.49</b> 602 R	1:01.83 50m: 100m: 1:01.83 150m: 200m: 250m: 300m: 350m: 400m: 4:20.49
10.	03	M.P.	<b>4:23.87</b> 580 R	1:02.72 1:07.66 1:07.57 1:05.92 50m: 100m: 1:02.72 150m: 200m: 2:10.38 250m: 300m: 3:17.95 350m: 400m: 4:23.87
11.		KAR	<b>4:24.01</b> 579	50m: 100m: 150m: 200m: 250m: 300m: 350m: 400m: 4:24.01
12.		R.S.P.B	<b>4:24.28</b> 577	1:00.31 1:07.33 1:09.22 1:07.42 50m: 100m: 1:00.31 150m: 200m: 2:07.64 250m: 300m: 3:16.86 350m: 400m: 4:24.28
13.		MAHARASHTRA	<b>4:35.75</b> 508	1:05.21 1:09.07 1:10.60 1:10.87 50m: 100m: 1:05.21 150m: 200m: 2:14.28 250m: 300m: 3:24.88 350m: 400m: 4:35.75
14.	02	CHHATTISGARH	<b>4:40.49</b> 482	50m: 100m: 150m: 200m: 2:13.94 250m: 300m: 350m: 400m: 4:40.49
15.	02	A.P.	<b>4:53.87</b> 419	1:03.60 1:15.81 1:17.34 1:17.12 50m: 100m: 1:03.60 150m: 200m: 2:19.41 250m: 300m: 3:36.75 350m: 400m: 4:53.87
16.	94	BIHAR	<b>5:12.25</b> 350	1:07.79 50m: 100m: 1:07.79 150m: 200m: 250m: 300m: 350m: 400m: 5:12.25



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Event 2  
31/08/2019

Women, 400m Freestyle

Open  
Results Prelim

NMR	4:25.76	RICHA MISHRA	POL	RANCHI	17/11/2011
Points: FINA 2019					
Rank	YB		Time	Pts	100m 200m 300m 400m
1.	97	HARYANA	<b>4:33.37</b>	647 Q	1:04.72 1:09.13 1:10.34 1:09.18
		50m:	150m:	250m:	350m:
		100m: 1:04.72	200m: 2:13.85	300m: 3:24.19	400m: 4:33.37
2.		KAR	<b>4:37.06</b>	621 Q	1:04.94 1:10.58
		50m:	150m:	250m:	350m:
		100m: 1:04.94	200m:	300m: 3:26.48	400m: 4:37.06
3.	05	TAMILNADU	<b>4:39.14</b>	607 Q	1:06.75 1:11.73 1:11.73 1:10.68
		50m:	150m:	250m:	350m:
		100m: 1:06.75	200m:	300m:	400m: 4:39.14
4.	02	ASSAM	<b>4:39.37</b>	606 Q	1:06.54 1:10.42 1:11.73 1:10.68
		50m:	150m:	250m:	350m:
		100m: 1:06.54	200m: 2:16.96	300m: 3:28.69	400m: 4:39.37
5.	01	TAMILNADU	<b>4:40.54</b>	598 Q	1:07.31 1:11.81 1:11.24 1:10.18
		50m:	150m:	250m:	350m:
		100m: 1:07.31	200m: 2:19.12	300m: 3:30.36	400m: 4:40.54
6.	90	DELHI	<b>4:41.28</b>	594 Q	1:08.14 1:11.79 1:11.06 1:10.29
		50m:	150m:	250m:	350m:
		100m: 1:08.14	200m: 2:19.93	300m: 3:30.99	400m: 4:41.28
7.	04	M.P.	<b>4:46.45</b>	562 Q	1:08.46 1:13.04 1:12.81 1:12.14
		50m:	150m:	250m:	350m:
		100m: 1:08.46	200m: 2:21.50	300m: 3:34.31	400m: 4:46.45
8.		MAHARASHTRA	<b>4:47.13</b>	558 Q	1:08.17 1:12.84 1:14.04 1:12.08
		50m:	150m:	250m:	350m:
		100m: 1:08.17	200m: 2:21.01	300m: 3:35.05	400m: 4:47.13
9.		KAR	<b>4:48.77</b>	549 R	1:08.63 1:13.33 1:14.95 1:11.86
		50m:	150m:	250m:	350m:
		100m: 1:08.63	200m: 2:21.96	300m: 3:36.91	400m: 4:48.77
10.	96	CHHATTISGARH	<b>4:49.56</b>	544 R	1:07.90 1:13.87 1:14.43 1:13.36
		50m:	150m:	250m:	350m:
		100m: 1:07.90	200m: 2:21.77	300m: 3:36.20	400m: 4:49.56
11.	03	BIHAR	<b>5:12.68</b>	432	1:12.76 1:21.12 1:21.24 1:17.56
		50m:	150m:	250m:	350m:
		100m: 1:12.76	200m: 2:33.88	300m: 3:55.12	400m: 5:12.68
12.	00	GOA	<b>5:15.08</b>	422	1:12.96 1:20.41 1:22.10 1:19.61
		50m:	150m:	250m:	350m:
		100m: 1:12.96	200m: 2:33.37	300m: 3:55.47	400m: 5:15.08

Event 3  
31/08/2019

Men, 200m Medley

Open  
Results Prelim

NMR	2:05.83	SAJAN PRAKASH	TRIVANDRUM	19/09/2018	
Points: FINA 2019					
Rank	YB		Time	Pts	100m 200m
1.		KAR	<b>2:09.60</b>	680 Q	59.54 1:10.06
2.		KAR	<b>2:11.33</b>	654 Q	59.42 1:11.91
3.		POLICE	<b>2:14.09</b>	614 Q	
4.		SSCB	<b>2:14.56</b>	608 Q	
5.		R.S.P.B	<b>2:14.88</b>	603 Q	1:01.85 1:13.03
6.		SSCB	<b>2:15.06</b>	601 Q	
7.	00	M.P.	<b>2:20.24</b>	537 Q	1:02.88 1:17.36
8.	07	TAMILNADU	<b>2:22.34</b>	513 Q	



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Event 3, Men, 200m Medley, Prelim, Open

Rank	YB	Time	Pts	100m	200m		
9.	SUPRIYA MONDAL	R.S.P.B	<b>2:23.35</b>	502	R		
10.	Abhay SAHANI	UTTAR PRADESH	<b>2:24.85</b>	487	R	1:08.85	1:16.00
11.	YASH VARMA	TELANGANA	<b>2:26.28</b>	473		1:06.79	1:19.49
12.	Munish KUMAR	POLICE	<b>2:30.15</b>	437			
13.	AARYAN BHOSALE	MAHARASHTRA	<b>2:33.02</b>	413		1:09.96	1:23.06
14.	Siddhartha BASAK	03 NSA	<b>2:38.08</b>	375			
15.	Digvijay SINGH	04 HARYANA	<b>2:40.38</b>	359		1:16.63	1:23.75
16.	Sai Sampath Reddy N	97 A.P.	<b>2:43.86</b>	336		1:12.20	1:31.66

Event 4 Women, 200m Medley Open  
31/08/2019 Results Prelim

NMR	2:23.62	RICHA MISHRA	POL	JAIPUR	23/10/2010
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Points: FINA 2019

Rank	YB	Time	Pts	100m	200m		
1.	APEKSHA FERNANDES	MAHARASHTRA	<b>2:27.47</b>	625	Q	1:11.56	1:15.91
2.	Richa MISHRA	POLICE	<b>2:27.92</b>	619	Q	1:09.00	1:18.92
3.	KENISHA GUPTA	MAHARASHTRA	<b>2:28.99</b>	606	Q	1:09.84	1:19.15
4.	Meenakshi V K R	06 TAMILNADU	<b>2:32.17</b>	569	Q	1:10.11	1:22.06
5.	Astha CHOUDHURY	04 ASSAM	<b>2:32.78</b>	562	Q	1:09.17	1:23.61
6.	Soubriya MONDAL	BENGAL	<b>2:32.91</b>	561	Q	1:10.68	1:22.23
7.	Shrungi BANDEKAR	03 GOA	<b>2:34.56</b>	543	Q	1:11.57	1:22.99
8.	Firdoush KAYAMKHANI	RAJASTHAN	<b>2:35.86</b>	529	Q	1:13.54	1:22.32
9.	Kanya NAYYAR	04 M.P.	<b>2:35.87</b>	529	R	1:13.35	1:22.52
10.	Kalyani SAXENA	01 GUJARAT	<b>2:36.29</b>	525	R		
11.	SHREYA MARY KAMAL	KERALA	<b>2:36.30</b>	525		1:12.72	1:23.58
12.	Disha MS BHANDARI	UTTAR PRADESH	<b>2:37.31</b>	515		1:15.25	1:22.06
13.	Avani TANTRY	KAR	<b>2:37.54</b>	513		1:15.98	1:21.56
14.	Uttara GOGOI	04 ASSAM	<b>2:37.76</b>	510			
15.	Bhumi GUPTA	05 CHHATTISGARH	<b>2:40.79</b>	482		1:16.40	1:24.39
16.	Latiesha MANDANNA	KAR	<b>2:41.91</b>	472		1:14.68	1:27.23
17.	HARSHITHA JAYARAM	R.S.P.B	<b>2:53.63</b>	383		1:23.88	1:29.75
18.	Ishita ROY	02 NSA	<b>3:13.28</b>	277		1:31.05	1:42.23
DSQ	Saanvi SOOD	90 DELHI	<b>2:42.48</b>			1:15.78	1:26.70

Event 5 Men, 50m Breaststroke Open  
31/08/2019 Results Prelim

NMR	27.89	Sandeep SEJWAL	TRIVANDRUM	19/09/2018
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Points: FINA 2019

Rank	YB	Time	Pts
1.	Likith S P	KAR	<b>28.60</b> 746 Q
2.	Danush S	00 TAMILNADU	<b>29.45</b> 684 Q
3.	Ansh MR ARORA	UTTAR PRADESH	<b>29.60</b> 673 Q
4.	VAISHNAV HEGDE B	SSCB	<b>29.77</b> 662 Q
5.	SHWEJAL MANKAR	MAHARASHTRA	<b>29.81</b> 659 Q
6.	Harnimrat Singh BHINDER	96 PUNJAB	<b>29.87</b> 655 Q
7.	SUNEESH. S	KERALA	<b>30.27</b> 630 Q
	ASHISH TOKAS	SSCB	<b>30.27</b> 630 Q
9.	Puneet RANA	POLICE	<b>30.37</b> 623 R
10.	VIRAJ PRABHU	R.S.P.B	<b>30.50</b> 615 R
11.	Pruthvik D S	KAR	<b>30.69</b> 604
	JAY EKBOTE	MAHARASHTRA	<b>30.69</b> 604



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Event 5, Men, 50m Breaststroke, Prelim, Open

Rank		YB		Time	Pts
13.	Tanish KASWAN		RAJASTHAN	<b>30.92</b>	591
14.	JAGANATHAN. P.J		R.S.P.B	<b>30.93</b>	590
15.	Varun PATEL	00	M.P.	<b>31.32</b>	568
16.	Bhargav PHUKAN	04	ASSAM	<b>31.80</b>	543
17.	Nikki BHORIA	00	HARYANA	<b>31.82</b>	542
18.	Oum SAXENA		GUJARAT	<b>31.84</b>	541
19.	Aditya DUBEY	90	DELHI	<b>31.85</b>	540
20.	Sai Sampath Reddy N	97	A.P.	<b>34.19</b>	437
21.	D. SRI KALYAN		TELANGANA	<b>36.00</b>	374
22.	Nitesh RANA		UTTARAKHAND	<b>36.06</b>	372
23.	Upendra PUJARI	05	ODISHA	<b>36.56</b>	357
24.	R SUBRAMANIAN		PUDUCHERRY	<b>37.14</b>	341
25.	Sagar Dayanand PATIL	02	GOA	<b>37.39</b>	334
26.	Ankur RAJ	05	BIHAR	<b>37.51</b>	331
27.	L DHANAJIT SINGH		MEGHALAYA	<b>38.06</b>	316
28.	Saptarshi DUTTA	01	NSA	<b>38.39</b>	308
29.	Pardeep SINGH		HARYANA	<b>48.00</b>	158
DSQ	Rupin RAJ	02	CHHATTISGARH	<b>35.97</b>	

Event 6

Women, 50m Breaststroke

Open

31/08/2019

Results Prelim

NMR 33.81 A V JAYAVEENA TRIVANDRUM 19/09/2018

Points: FINA 2019

Rank		YB		Time	Pts
1.	Chahat ARORA	97	PUNJAB	<b>33.95</b>	649 Q
2.	KAREENA SHANKTA		MAHARASHTRA	<b>34.96</b>	594 Q
3.	Annie JAIN	02	M.P.	<b>35.03</b>	591 Q
4.	Saloni DALAL		KAR	<b>35.45</b>	570 Q
5.	Jayaveena A V	08	TAMILNADU	<b>35.75</b>	556 Q
6.	SHARON SHAJU		MAHARASHTRA	<b>35.80</b>	553 Q
7.	SHRIYA ISHWAR PRASAD	06	TAMILNADU	<b>35.88</b>	550 Q
8.	Arushi MANJUNATH		KAR	<b>35.97</b>	546 Q
9.	Shristi BASU		BENGAL	<b>36.30</b>	531 R
10.	Kalyani SAXENA	01	GUJARAT	<b>37.07</b>	498 R
11.	Kushpreet KUAUR	04	M.P.	<b>37.34</b>	488
12.	Anushka BHAGAT	06	CHHATTISGARH	<b>37.57</b>	479
13.	HARSHITHA JAYARAM		R.S.P.B	<b>37.59</b>	478
14.	Yashika RAWAT	02	HARYANA	<b>38.96</b>	429
15.	Arpita SAHU	04	ODISHA	<b>40.01</b>	396
16.	Gurnoor KAUR	04	PUNJAB	<b>40.41</b>	385
17.	Riya MS VERMA		UTTAR PRADESH	<b>41.14</b>	364
18.	Meenamrutha V	00	A.P.	<b>43.66</b>	305
19.	Alisha MARIYAM HUSSAIN	04	BIHAR	<b>43.94</b>	299
20.	Ssamridhi VIJAYRAN	04	HARYANA	<b>44.31</b>	292
21.	Siya DHAPOLA		UTTARAKHAND	<b>46.84</b>	247
22.	Pakhee KUMARI	05	BIHAR	<b>48.20</b>	226



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Event 8  
31/08/2019

Mixed, 4 x 50m Medley

Open  
Results Prelim

NMR 1:51.06 R S P B R S P B BHOPAL 11/10/2017

Points: FINA 2019

Rank				Time	Pts
1.	MAHARASHTRA 1 JYOTSNA PANSARE SHWEJAL MANKAR		MAHARASHTRA VIRDHAWAL KHADE KENISHA GUPTA	<b>1:56.88</b>	Q
2.	KAR 1 Shrihari NATARAJ Likith S P		KAR Suvana C BASKAR Deeksha RAMESH	<b>1:57.48</b>	Q
3.	GUJARAT 1 Maana PATEL Oum SAXENA	00	GUJARAT Anshul KOTHARI Niva SHARMA	<b>1:57.83</b>	Q
4.	TAMILNADU 1 Sethu Manickavel T Danush S	07 00	TAMILNADU Meenakshi V K R Jayaveena A V	<b>1:59.55</b>	Q
5.	R.S.P.B 1 AVANTIKA CHAVAN HARSHITHA JAYARAM		R.S.P.B SUPRIYA MONDAL VIRAJ PRABHU	<b>2:01.64</b>	Q
6.	DELHI 1 Siddhant SEJWAL Aditya DUBEY	90 90	DELHI Pallavi SEJWAL Bhavya SACHDEVA	<b>2:02.33</b>	Q
7.	KERALA 1 AARON J THOMAS AMAL. A		KERALA LIYANA FATHIMA UMER GREESHMA.P	<b>2:02.98</b>	Q
8.	BENGAL 3 Soubrity MONDAL Shristi BASU		BENGAL Kunal BASAK Srinjan PAL	<b>2:03.65</b>	Q
9.	ODISHA 1 Pratyasha RAY Arpita SAHU	02 04	ODISHA Bikash HARIPAL Jadu BUDEK	<b>2:06.71</b>	R
10.	PUNJAB 1 Deepali ATTRI Chahat ARORA	01 97	PUNJAB Issh CHAUDHARY Arun GULERIA	<b>2:12.85</b>	R
11.	NSA 2 Sumit KUNDU Ishita ROY	03 02	NSA Siddhartha BASAK Sriti SHAW	<b>2:22.06</b>	