

SWIMMING FEDERATION OF INDIA



ANNUAL CALENDAR FOR TRAINING AND COMPETITION

(2019-20)

**STANDARDISED FORMAT FOR SUBMISSION OF ANNUAL CALENDAR FOR TRAINING AND
COMPETITIONS (ACTC) FOR (2018-19)**

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Introduction of the NSF

1.0 Name of Sport: SWIMMING

Details of the President and Secretary General/ CEO of the National Sports Federation.

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PART-A (FOR SENIOR MEN AND WOMEN)

2.0 Brief Introduction of the Sport:

- 2.1 Whether Olympic Games (OG) sports or not? If yes, since when introduced? **Yes and since 1896**
- 2.2 Whether Asian Games (AG) sports or not? If yes, since when introduced? **Yes and 1951**
- 2.3 Other level of Championships where sport is played. **World Championship, Asian Championship, Commonwealth Games, SAF Games, Asian Age Group etc**
- 2.4 Total no. of events and medals at stake in Men and Women category in OG and AG and CWG. **OLYMPICS 18 EVENTS FOR MEN AND 18 EVENTS FOR WOMEN AND ONE MIXED RELAY INCLUDING OPEN WATER. DIVING, WATER POLO, ARTISTIC SWIMMING ASIAN GAMES 19 EVENTS FOR MEN AND 19 EVENTS FOR WOMEN AND ONE MIXED RELAY AND OPENWATER EVENTS DIVING, WATER POLO, ARTISTIC SWIMMING**

3.0 Outstanding Performance of the Indian Team at international level in the past four years:

3.1 Performance of the Indian team / sports persons at International level (OG/AG) for last four years (2015 TO 2018) in the given format.

S. No.	Name of Athlete	Name of Competition	Date & Venue of the Competition	Event	Performance medal won by individual / team
	Veerdhaval Khade	Asian Age Group	1 - 7 Oct 2015	50 FS	1
	Veerdhaval Khade	Asian Age Group	1 - 7 Oct 2015	50 Fly	2
	Supriya Mondal	Asian Age Group	1 - 7 Oct 2015	50 Fly	7
	Supriya Mondal	Asian Age Group	1 - 7 Oct 2015	100 Fly	9
	Supriya Mondal	Asian Age Group	1 - 7 Oct 2015	200 Fly	4
	Supriya Mondal	Asian Age Group	1 - 7 Oct 2015	400 IM	6
	Neil Contractor	Asian Age Group	1 - 7 Oct 2015	100 FS	5
	Neil Contractor	Asian Age Group	1 - 7 Oct 2015	200 FS	11
	Neil Contractor	Asian Age Group	1 - 7 Oct 2015	50 Br	12
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	400 FS	2
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	800 FS	1
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	1500 FS	2
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	100 Fly	4
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	200 Fly	3
	Anshul Kothari	Asian Age Group	1 - 7 Oct 2015	50 FS	4
	Anshul Kothari	Asian Age Group	1 - 7 Oct 2015	100 FS	6
	Veerdhaval Khade	Asian Age Group	1 - 7 Oct 2015	4x100 FS	1
	Anshul Kothari	Asian Age Group	1 - 7 Oct 2015	4x100 FS	1
	Neil Contractor	Asian Age Group	1 - 7 Oct 2015	4x100 FS	1
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	4x100 FS	1
	Veerdhaval Khade	Asian Age Group	1 - 7 Oct 2015	4x200 FS	3
	Anshul Kothari	Asian Age Group	1 - 7 Oct 2015	4x200 FS	3
	Sajan Prakash	Asian Age Group	1 - 7 Oct 2015	4x200 FS	3
	Neil Contractor	Asian Age Group	1 - 7 Oct 2015	4x200 FS	3
	Aditi Dhumatkar	Asian Age Group	1 - 7 Oct 2015	50 FS	9

	Aditi Dumatkar	Asian Age Group	1 - 7 Oct 2015	50 Fly	8
	Monique Gandhi	Asian Age Group	1 - 7 Oct 2015	4x100 Mix	5
	Anshul Kothari	Asian Age Group	1 - 7 Oct 2015	4x100 Mix	4
	Shivani Kataria	Asian Age Group	1 - 7 Oct 2015	4x100 Mix	4
	Veerdhaval Khade	Asian Age Group	1 - 7 Oct 2015	4x100 Mix	4
	Aditi Dumatkar	Asian Age Group	1 - 7 Oct 2015	4x100 Mix	4
	Saurabh Sangvekar	World Championship	24 Jul - Aug 9 2015	400 FS	60
	Sandeep Sejwal	World Championship	24 Jul - Aug 9 2015	100 Br	36
	Aaron D'Souza	World Championship	24 Jul - Aug 9 2015	4x100 FS	30
	Veerdhaval Khade	World Championship	24 Jul - Aug 9 2015	4x100 FS	30
	Saurabh Sangvekar	World Championship	24 Jul - Aug 9 2015	4x100 FS	30
	Sajan Prakash	World Championship	24 Jul - Aug 9 2015	4x100 FS	30
	Aaron D'Souza	World Championship	24 Jul - Aug 9 2015	200 FS	56
	Sandeep Sejwal	World Championship	24 Jul - Aug 9 2015	50 Br	40
	Sajan Prakash	World Championship	24 Jul - Aug 9 2015	200 Fly	31
	Aaron D'Souza	World Championship	24 Jul - Aug 9 2015	100 FS	66
	Shivani Kataria	World Championship	24 Jul - Aug 9 2015	100 FS	59
	Sandeep Sejwal	World Championship	24 Jul - Aug 9 2015	200 Br	44
	Veerdhaval Khade	World Championship	24 Jul - Aug 9 2015	50 FS	38
	Shivani Kataria	World Championship	24 Jul - Aug 9 2015	50 FS	67
	Sajan Prakash	World Championship	24 Jul - Aug 9 2015	1500 FS	35
	Sandeep Sejwal	12th South Asian Games	6 - 10 Feb 2016	50 Br	1
	Sandeep Sejwal	12th South Asian Games	6 - 10 Feb 2016	100 Br	1
	Sandeep Sejwal	12th South Asian Games	6 - 10 Feb 2016	200 Br	1
	Sandeep Sejwal	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Sajan Prakash	12th South Asian Games	6 - 10 Feb 2016	1500 FS	1
	Sajan Prakash	12th South Asian Games	6 - 10 Feb 2016	200 Fly	1
	Sajan Prakash	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Sajan Prakash	12th South Asian Games	6 - 10 Feb 2016	400 FS	2
	P S Madhu	12th South Asian Games	6 - 10 Feb 2016	50 Bk	1

	P S Madhu	12th South Asian Games	6 - 10 Feb 2016	100 Bk	1
	P S Madhu	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Saurabh Sangvekar	12th South Asian Games	6 - 10 Feb 2016	400 FS	1
	Saurabh Sangvekar	12th South Asian Games	6 - 10 Feb 2016	200 FS	2
	Saurabh Sangvekar	12th South Asian Games	6 - 10 Feb 2016	1500 FS	2
	Saurabh Sangvekar	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Anshul Kothari	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Anshul Kothari	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	2
	Anshul Kothari	12th South Asian Games	6 - 10 Feb 2016	50 Fly	2
	Neil Contractor	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Neil Contractor	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	2
	Neil Contractor	12th South Asian Games	6 - 10 Feb 2016	100 FS	4
	Neil Contractor	12th South Asian Games	6 - 10 Feb 2016	50 FS	5
	M Arvind	12th South Asian Games	6 - 10 Feb 2016	200 Bk	1
	M Arvind	12th South Asian Games	6 - 10 Feb 2016	50 Bk	2
	Supriyo Mondal	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Supriyo Mondal	12th South Asian Games	6 - 10 Feb 2016	100 Fly	2
	Veerdhawal Khade	12th South Asian Games	6 - 10 Feb 2016	50 Fly	1
	Veerdhawal Khade	12th South Asian Games	6 - 10 Feb 2016	50 FS	2
	Puneet Rana	12th South Asian Games	6 - 10 Feb 2016	50 Br	2
	Puneet Rana	12th South Asian Games	6 - 10 Feb 2016	100 Br	2
	Sanu Debnath	12th South Asian Games	6 - 10 Feb 2016	200 IM	2
	Sanu Debnath	12th South Asian Games	6 - 10 Feb 2016	400 IM	2
	Sethu Manickavel T	12th South Asian Games	6 - 10 Feb 2016	100 Bk	2
	Raj Bhanwadia	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Sahil Chopra	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	2
	Sarma S P Nair	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	2
	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	200 FS	1
	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	1
	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1

	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	400 FS	2
	Shivani Kataria	12th South Asian Games	6 - 10 Feb 2016	100 FS	3
	Malavika V	12th South Asian Games	6 - 10 Feb 2016	400 FS	1
	Malavika V	12th South Asian Games	6 - 10 Feb 2016	800 FS	1
	Malavika V	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	1
	Malavika V	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Avantika Chavan	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	1
	Avantika Chavan	12th South Asian Games	6 - 10 Feb 2016	50 Fly	2
	Avantika Chavan	12th South Asian Games	6 - 10 Feb 2016	50 FS	4
	Chahat Arora	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Chahat Arora	12th South Asian Games	6 - 10 Feb 2016	100 Br	3
	Chahat Arora	12th South Asian Games	6 - 10 Feb 2016	50 Br	4
	Jyotsna Pansare	12th South Asian Games	6 - 10 Feb 2016	50 Fly	1
	B Vaishnav Hegde	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	1
	B Vaishnav Hegde	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	3
	Jashandeep Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	2
	Jashandeep Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	1
	Jashandeep Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Br	1
	Anand A Shylaja	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Anand A Shylaja	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	2
	Anand A Shylaja	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	2
	Aman Ghai	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	2
	Aman Ghai	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	2
	Vedant Seth	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	1
	Vedant Seth	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	1
	Vedant Seth	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	1
	Sharma S P Nair	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	2
	Sharma S P Nair	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	4
	Sharma S P Nair	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	1

	Sanu Debnath	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Sanu Debnath	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1
	Sanu Debnath	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	2
	Sanu Debnath	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Mitesh Kunte	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	2
	Mitesh Kunte	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	2
	Mitesh Kunte	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	3
	Mitesh Kunte	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	2
	Sahil Chopra	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	2
	Sahil Chopra	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Vedant Seth	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Jashandeep Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Aman Ghai	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Sahil Chopra	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Sharma S P Nair	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Aman Ghai	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Sahil Chopra	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Anand A Shylaja	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Mitesh Kunte	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Sanu Debnath	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Chahat Arora	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	1
	Chahat Arora	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Shruthi Mahalingam	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	2
	Shruthi Mahalingam	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1

	Shruthi Mahalingam	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	1
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	1
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	1
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	2
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	2
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	1
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	2
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	2
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	1
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Chahat Arora	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Jyotsna Pansare	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Shruthi Mahalingam	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Shreyanti Pan	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Shrishti Nag	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Shivani Kataria	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Anshul Kothari	10th Asian Swimming Championships	Nov-16	50 FS	10
	Anshul Kothari	10th Asian Swimming Championships	Nov-16	50 Fly	9
	SaurabhSangvekar	10th Asian Swimming Championships	Nov-16	200 FS	20
	SaurabhSangvekar	10th Asian Swimming Championships	Nov-16	400 FS	15
	Madhu.P.S	10th Asian Swimming Championships	Nov-16	50 Bk	12

	Madhu.P.S	10th Asian Swimming Championships	Nov-16	100 Bk	11
	Madhu.P.S	10th Asian Swimming Championships	Nov-16	200 Bk	13
	Arvind Mani	10th Asian Swimming Championships	Nov-16	50 Bk	15
	Arvind Mani	10th Asian Swimming Championships	Nov-16	100 Bk	12
	Arvind Mani	10th Asian Swimming Championships	Nov-16	200 Bk	9
	Vaishnav Hegde	10th Asian Swimming Championships	Nov-16	50 Br	18
	Vaishnav Hegde	10th Asian Swimming Championships	Nov-16	100 Br	20
	Sharma Nair	10th Asian Swimming Championships	Nov-16	50 Fly	14
	Sajan Prakash	10th Asian Swimming Championships	Nov-16	100 Fly	7
	Sajan Prakash	10th Asian Swimming Championships	Nov-16	200 Fly	5
	Supriya Mondal	10th Asian Swimming Championships	Nov-16	100 Fly	13
	Supriya Mondal	10th Asian Swimming Championships	Nov-16	200 Fly	10
	Aditi Dhumatkar	10th Asian Swimming Championships	Nov-16	50 FS	15
	Aditi Dhumatkar	10th Asian Swimming Championships	Nov-16	100 FS	13
	Shivani	10th Asian Swimming Championships	Nov-16	100 FS	12
	Shivani	10th Asian Swimming Championships	Nov-16	200 FS	13
	Chahat Arora	10th Asian Swimming	Nov-16	50 Br	15
	Chahat Arora	10th Asian Swimming	Nov-16	100 Br	14
	Sajan Prakash	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Saurabh Sangvekar	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Sharma Nair	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Anshul Kothari	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Madhu.P.S	10th Asian Swimming Championships	Nov-16	4x100 M	9
	Vaishnav Hegde	10th Asian Swimming Championships	Nov-16	4x100 M	9
	Sajan Prakash	10th Asian Swimming Championships	Nov-16	4x100 M	9
	Anshul Kothari	10th Asian Swimming Championships	Nov-16	4x100 M	9
	Shivani	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Aditi Dhumatkar	10th Asian Swimming Championships	Nov-16	4x100 FS	7
	Aditi Dhumatkar	10th Asian Swimming Championships	Nov-16	4x200 FS	6
	Chahat Arora	10th Asian Swimming Championships	Nov-16	4x100 M	7

	Aditi Dhumatkar	10th Asian Swimming Championships	Nov-16	4x100 M	7
	Shivani	10th Asian Swimming Championships	Nov-16	4x200 FS	6
	Sajan Prakash	Olympics 2016		200 fly	
	Shivani	Olympics 2016		200 fs	
	Sajan Prakash	World short course			
	Malavika	World short course			
	Sahil Chopra	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	
	Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	
	Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
	Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
	Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
	Mitesh Kunte	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
	Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
	Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
	Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	1
	Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	2
	Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	5
	T Sneha	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	5
	T Sneha	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	6
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	4
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	4
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	4
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	3
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	6
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	5
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	5

	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	5
	Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	8
	Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	8
	Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLy	2
	Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	3
	Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	6
	Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	8
	Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	9
	Mitesh Kunte	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	5
	P S Madhu	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Bk	4
	Sahil Chopra	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	5
	Sahil Chopra	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	5
	Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	1
	Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	800 FS	2
	Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	3
	Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	3
	T Sethumanickavel	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	7
	T Sethumanickavel	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	8
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	4
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	4
	Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	4
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	4
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	3
	Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLy	6
	A V Jayaveena	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	5
	A V Jayaveena	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	6
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
	Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	5
	Virdhawal khade	Asian games 2018	18 to 24 th August 2018	50 fs	4

	Virdhawal khade	Asian games 2018	18 to 24 th August 2018	50 butterfly	8
	Virdhawal khade	Asian games 2018	18 to 24 th August 2018	Fs relay	8
	Sandeep Sejwal	Asian games 2018	18 to 24 th August 2018	50 breast	6
	Sandeep Sejwal	Asian games 2018	18 to 24 th August 2018	100 breast	10
	Sandeep Sejwal	Asian games 2018	18 to 24 th August 2018	Medley relay	9
	Sajan Prakash	Asian games 2018	18 to 24 th August 2018	100 fly	12
	Sajan Prakash	Asian games 2018	18 to 24 th August 2018	200 fly	5
	Sajan Prakash	Asian games 2018	18 to 24 th August 2018	100 fs relay	8
	Sajan Prakash	Asian games 2018	18 to 24 th August 2018	200 fsrelay	7
	Sajan Prakash	Asian games 2018	18 to 24 th August 2018	Medley relay	9
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	50 back	10
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	100 Back	7
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	200 back	6
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	200 fs relay	7
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	Medley RELAY	9
	Advait Page	Asian games 2018	18 to 24 th August 2018	1500fs	8
	Advait Page	Asian games 2018	18 to 24 th August 2018	800 fs	8
	Advait Page	Asian games 2018	18 to 24 th August 2018	200 back	12
	Aaron D souza	Asian games 2018	18 to 24 th August 2018	100 fs	27
	Aaron D Souza	Asian games 2018	18 to 24 th August 2018	100 Fs relay	8
	Aaron d souza	Asian games 2018	18 to 24 th August 2018	Medley relay	9
	Anshul Kothari	Asian games 2018	18 to 24 th August 2018	50 freestyle	28 th
		Asian games 2018	18 to 24 th August 2018	50 butterfly	28 th
	Arvind Mani	Asian games 2018	18 to 24 th August 2018	50 back	21 st
		Asian games 2018	18 to 24 th August 2018	100 back	16 th
		Asian games 2018	18 to 24 th August 2018	Medly relay	9 th
	Avinash mani	Asian Games	18 to 24 th August 2018	100 butterfly	26 th
		Asian games 2018	18 to 24 th August 2018	200FSRelay	7 th
	Neel Roy	Asian games 2018	18 to 24 th August 2018	200 IM	14 th

	Saurabh Sangvekar	Asian games 2018	18 to 24 th August 2018	200 FS	24 th
		Asian games 2018	18 to 24 th August 2018	200 FS Relay	7 th
	Sajan Praksh	Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 2018	50 fly	19 th
			4 th April to 15 th April 2018	100 fly	11 th
			4 th April to 15 th April 2018	200 fly	8 th
	Virbhawal Khade	Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 2018	50 FS	19 th
	Virbhawal Khade	Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 2018	50 fly	15 th
	Srihari Nataraj	Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 2018	50 back	9 th
			4 th April to 15 th April 2018	100 back	13 th
			4 th April to 15 th April 2018	200 bk	17 th
	Srihari Nataraj	Youth Olympics, Buenos Aires, Argentina	6 th to 18 th October 2018	50 back	6 th
			6 th to 18 th October 2018	100 back	18 th
			6 th to 18 th October 2018	200 bk	17 th
	Adwait Page	Youth Olympics, Buenos Aires, Argentina	6 th to 18 th October 2018	800 FS	17 th
	Virbhawal khade	Fina World Short Course Hangzhou	11 th 16 th December 2018	50 Fs	52 nd
	Virbhawal Khade	Fina World Short Course Hangzhou	11 th 16 th December 2018	100 FS	50 th
		Fina World Short Course Hangzhou	11 th 16 th December 2018	200 fs	33 rd

	Sajan Praksh	Fina World Short Course Hangzhou	11 th December 2018	16 th	50 fly	40 th
		Fina World Short Course Hangzhou	11 th December 2018	16 th	200 fly	11 th
	Aryan makhija	Fina World Short Course Hangzhou	11 th December 2018	16 th	1500 Fs	16 th
	Shivani kataria	Fina World Short Course Hangzhou	11 th December 2018	16 th	200 fs	

Performance of Diving Team

	Ramand Sharma Sidharth Pardeshi	Asian games 2018	18 to 24 th August 2018	3 M Spring Synchronised position	6 th
	Ramand Sharma	Asian games 2018	18 to 24 th August 2018	1 M Spring Board	6 th
	Ramand Sharma	Asian games 2018	18 to 24 th August 2018	3 M Spring Board	13 th
	Sidharth Pardeshi	Asian games 2018	18 to 24 th August 2018	10 M High Board	9 th

3.2 Ranking of the Team/important sports persons at the International level (if no medals are won).

DETAILS GIVEN IN THE TABLE ABOVE

4.0 Brief details of the sport at National Level:

4.1 Details of National Championships organised in all age group in last two years in following format:

Name of Championship	Duration	Venue	Best 5 performing States
71 th Senior National Championship 2017	7 TH to 11 th OCTOBER 2017	BHOPAL	Karnataka, Maharashtra Railways Services Tamil Nadu
72nd Senior National Championship 2017	19 TH to 23 th SEPTEMBER 2018	TRIVANDRUM	Karnataka, Maharashtra Railways Services Tamil Nadu

5.0 Annual Calendar for Training & Competition (ACTC) for Seniors (Male and Female) in the given format:

5.1 National Coaching Camps:

S. No	Purpose of the coaching camp	Composition of the campers	Proposed date for submission of proposal	Period		Total days	Venue	Estimated expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
1	Asian Age group and other Competitions	20 swimmers 3 coaches 2 support staff	June last week	1 st April	21 st September	174 days	SAI Bangalore/ Trivandrum/ Delhi	108,75,000 3,75,000 (Travel)		
	TOTAL							112,50,000		

5.2 International Training /Competition/ Exposures:

S. No.	Name of training cum competition abroad	Composition of the participants			Proposed date for submission of proposal		Period		Total days	Venue	Status of the competition	Estimated expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
		Players	Coaches India n/ foreign	Support staff		From	To							
1	Malaysian Open	20	3	2	March 1 st week	25 th April	28 th April	7	Kuala Lumpur	Qualifying for world championship	40.75,000			
2	15 th Singapore Open	20	3	2	May 1 st week	19 th June	22 nd June	7	Singapore	Qualifying for world championship	40.75,000			
3	18 th FINA World Swimming Championship	8 swimmers 2 Divers 2 Open water	3		June 1 st week	12 th July	28 th July	10	Gwangju, South Korea	Olympic Qualifier	28,50,000			
TOTAL											110,00,000			

5.3 International Competition where team will participate in India:

S. No.	Name of competition	Names of the countries expected to participate	Proposed date for submission of proposal	Period		Total days	Venue	Estimated Expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
1	Asian Age Group	35 Asian Countries	MAY 2019	22 nd September	2 nd October	11	India	50,00,000		
TOTAL								50,00,000		

6.0 Annual Calendar of National Championship for all three age categories separately with date and venue.

S. No.	Category	Expected number of states and UTs who will be participating	Proposed date for submission of proposal	Period		Total days	Venue	Estimated Expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
1	Sub Junior	All states and UT		26 th June	30 th June	5 days	Rajkot	10,00,000		
2	Junior	Do		do	Do			7,00,000		
3	Seniors	Do		September	1 st Week	5 days	Bangalore	5,00,000		
4	Inter State	Do		October	2 nd Week	6 days	Ludhiana			
TOTAL								22,00,000		

7.0 Coaches and Support Staff proposed for providing training at National Camps for Seniors only (Male & Female separately).

7.1 Foreign Coaches (Provide number and approximate cost).

S. No.	Discipline	Name and Salary	Country	Period	Place of Posting	Salary (USD)	INR	Total 12 Months (365 days)	SAI Comments	Decision of the Committee
1.	Swimming		Aus or USA	Apr to Mar		96,000 USD +INR 600000 as perks	75,12,000			
2	Waterpolo		Hungary	May to Mar		66,000 USD +INR 600000 as perks	53,02,000			
3	Diving		China	May to Mar		66,000 USD +INR 600000 as perks	53,02,000			
TOTAL							1,81,16,000			

7.2 National Coaches (Give detail with Cost).

S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1.	S. Pradeep Kumar	National Coach	Karnataka	1,50,000	18,00,000
2	A C Jayarajan	Swimming	Karnataka	75,000	9,00,000
3	Mayur Vyas	Diving	Maharashtra	75,000	9,00,000
4	Anil Kumar	Water polo	Kerala	75,000	9,00,000
TOTAL					45,00,000

7.3 Support staff for Training. (Give detail with Cost).

S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1.	Physiotherapist * – 3 Nos	Swimming, Diving and Waterpolo		50,000x3 = 1,50,000	18,00,000
2	Masseur* – 2 Male and 2 Female	Swimming, Diving and Waterpolo		50,000x4 = 2,00,000	24.00,000
	TOTAL				42,00,000

8.0 Sports Equipment (Consumable and portable) required and to be procured for use in preparation of Indian teams/ campers.
SWIMMING:

SWIM BENCHES	10	Nos
HEART RATE MONITOR	25	Nos
LACTATE ANAYSER (PORTABLE)	10	Nos
STOP WATCHES (FREQUENCY CHECK)	20	Nos
STRETCH CORDZ (LAND)	50	Nos
STRETCH CORDZ (WATER)	25	Nos
PUSH OFF CORDZ	25	Nos
FINS	50	Nos
HAND PADDLES (BIG)	50	Nos
HAND PADDLES (SMALL)	50	Nos
KICK BOARD	50	Nos
PULL BOUY	50	Nos
GYM EQUIPEMENT (SWIM SPECIFIC)	15	Stations
SNORKLES	20	Nos
PACE CLOCK	4	Nos
SWISS BALLS	50	Nos
MEDICINE BALL	50	Nos
STARTING PLATFORM (Reaction time)	8	Nos

Water Polo

GOAL POST (COMPETITIONS AND PRACTICE)	4	Pairs each
WATER POLO CAPS (PRACTICE AND COMPETITIONS)	8	Sets
MEDICINE BALLS (DIFFERENT WEIGHT)	30	Nos
WATER POLO WRIST AND ANKLE WEIGHT	20	Pairs
TRAINING SUITS (BOYS AND GIRLS)	50	Nos
SHOT CLOCKS AND SCORE BOARD	4	Pairs
WHISTLE AND FLAGS AND NETS	20	Nos
WATERPOLO MIKASA BALLS	50	Nos

Diving

DURAFLEX/MEXIFLEX DIVING BOARDS TRAMPOLINE	10	Nos.
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10.0 Synopsis of the Budget:

S. No	Item	Budget	Comments of TEAMS Division
1	National Coaching Camp (Para 5.1)	112,50,000	
2	International competition Abroad (Para 5.2)	110,00,000	
3	International competition in India (Para 5.3)	50,00,000	
4	National Championships (Para 6.0)	22,00,000	
5	Remuneration for coach/Support Staff (Para 7.1, 7.2, 7.3)	2,68,16,000	
6	Equipment consumable/Equipment portable (Para 8.0)	75,00,000	
7	Total	5,27,66,000	

- 11.0 Main target of training and achievement expected.**
- 11.1 Main targets in 4 year cycle (specifically in OG, AG, WG, WC & AC).
- A. Olympic Games
 - Target to make few swimmers to clock A qualifying timing
 - B. Asian Games
 - Target to make few swimmers to secure some medals in the championship
 - C. Common Wealth Games
 - Target to make more swimmers to qualify for the finals and to secure sizable medals in the championship
 - D. World Championship
 - It's a qualification meet for Olympics
- 11.2 Intermediate targets to be attained in between to achieve the main target/targets.
- 11.3 Proposed methodology for attaining the above results.
- 11.4 Hurdles that needs to be addressed for the successful implementation of the plan to attain the desired results.
- Lack of Infrastructure
 - Lack of Equipment
 - Lack of scientific support
 - Lack of enough funding
 - Unlimited Foreign Exposures
- 11.5 Any other matter that is important.

PART- B (FOR JUNIOR/SUB-JUNIOR/CADET/YOUTH CATEGORIES)

11.0 Brief Introduction of the Sport:

11.2 Whether played in Youth Olympic Games (YOG) sports or not? If yes, since when introduced?

YES, 2010, 2014, 2018

11.3 Whether played in Youth Asian Games (YAG), Youth Commonwealth Games (YCWG)/Championships (YCWC) or not? If yes, since when introduced?

YES

11.4 Other level of Championships where sport is played.

ASIAN AGE GROUP, COMMONWEALTH YOUTH GAMES AND WORLD YOUTH SWIMMING

11.5 Total no. of events at stake in Men and Women category in Youth Olympic Games (YOG), Youth Asian Games (YAG)/Championships (YAC) and Youth Commonwealth games (YCWG)/Championship (YCWC).

16 EVENTS FOR BOYS AND 16 EVENTS FOR GIRLS IN ALL YOUTH GAMES

11.5 No. of age categories for both, Men & Women (Junior/ Sub-Junior/ Cadet/ Youth etc.) played at international level.

MEN	OPEN
WOMEN	OPEN
JUNIOR BOYS	BELOW 12 TO 14 YEARS
JUNIOR GIRLS	BELOW 12 TO 14 YEARS
JUNIOR BOYS	15 TO 17 YEARS
JUNIOR GIRLS	15 TO 17 YEARS

12.0 Outstanding Performance of the Indian teams in the sport at international level in the past three years:

12.1 Performance of the Indian team / sports persons at International level (As described from 12.1 to 12.5 above) for last Three years 2016 to 2018) in all age categories i.e. (Junior/Sub-Junior/ Cadet/youth etc.):

S. No.	Name of Athlete	Name of Competition	Date & Venue of the Competition	Performance medal won by individual / team
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JUNIORS					
SNo	Name	Championship	Date	Event	POS
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	4x100 FS	1
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	50 Bk	2
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	100 Bk	2
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	200 Bk	2
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	50 FS	3
	Maana Patel	12th South Asian Games	6 - 10 Feb 2016	100 FS	4
	Damini K Gowda	12th South Asian Games	6 - 10 Feb 2016	200 Fly	1
	Damini K Gowda	12th South Asian Games	6 - 10 Feb 2016	100 Fly	1
	Damini K Gowda	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Damini K Gowda	12th South Asian Games	6 - 10 Feb 2016	4x100 M	1
	Shraddha Sudhir	12th South Asian Games	6 - 10 Feb 2016	4x200 FS	1
	Shraddha Sudhir	12th South Asian Games	6 - 10 Feb 2016	200 IM	1
	Shraddha Sudhir	12th South Asian Games	6 - 10 Feb 2016	400 IM	2
	Sayani Ghosh	12th South Asian Games	6 - 10 Feb 2016	400 IM	1
	Harshitha Jayram	12th South Asian Games	6 - 10 Feb 2016	200 Br	5
	Harshitha Jayram	12th South Asian Games	6 - 10 Feb 2016	100 Br	6
	Kalyani Saxena	12th South Asian Games	6 - 10 Feb 2016	200 Br	4
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	3
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1
	Avinash Mani	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	3
	Shri Hari Natraj	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	2
	Shri Hari Natraj	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	1
	Shri Hari Natraj	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	1
	Advait Page	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	2
	Advait Page	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	2
	Advait Page	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	2
	Advait Page	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	6
	Advait Page	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Br	1
	Shivaksh Sahu	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	4
	Shivaksh Sahu	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	2
	Shivaksh Sahu	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	2
	Shivaksh Sahu	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1

	Rutvik Bhatt	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	4
	Rutvik Bhatt	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	3
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	5
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	3
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Xavier Micheal D'souza	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	3
	Xavier Micheal D'souza	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	3
	Xavier Micheal D'souza	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	4
	Varun Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	3
	Varun Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	2
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	4
	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	3
	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1
	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	2
	Kushagra Rawat	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	2
	Kushagra Rawat	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Kushagra Rawat	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Kushagra Rawat	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Balaji Prithviraj	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	2
	Shri Hari Natraj	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Varun Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Rutvik Bhatt	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Mihir Ambre	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2

	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Rutvik Bhatt	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Neel Roy	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Shivaksh Sahu	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Rahul Mohan	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Rutvik Bhatt	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	1
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1
	Riddhi Bohra	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	1
	Riddhi Bohra	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	2
	Riddhi Bohra	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Br	1
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	4
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	4
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	3
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	4
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	1
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	2
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	4
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	4
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	3
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	1
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Harshitha Jayaram	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	4
	Harshitha Jayaram	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Br	1
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	1

			2016		
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	2
	Nivya Raja	South Asian Aquatic Championships	16 to 23 Oct 2016	50 Bk	3
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	2
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	3
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	2
	Nikitha Venugopal	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	2
	Nikitha Venugopal	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	2
	Nikitha Venugopal	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	2
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Riddhi Bohra	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Maana Patel	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	2
	Preksha Manjunath	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Shraddha Sudhir	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Yuga Birnale	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Damini Gowda	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	2
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	2
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	1

	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	1
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	2
	Siddharth Joshi	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	1
	Siddharth Joshi	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	3
	Siddharth Joshi	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Param Padam	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Param Padam	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	2
	Param Padam	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	2
	Bastab Bordoloi	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	1
	Bastab Bordoloi	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	1
	Bastab Bordoloi	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	2
	Tanmay Das	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	1
	Sanskar Tokas	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	2
	Sanskar Tokas	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	1
	Sanskar Tokas	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1
	Nanak Moolchandani	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	3
	Nanak Moolchandani	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	2
	Nanak Moolchandani	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	2
	Adithya Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	2
	Adithya Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	2
	Adithya Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Rickysingh Laikhuram	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Rickysingh Laikhuram	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	1
	Nanak Moolchandani	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Adithya Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Bastab Bordoloi	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Adithya Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1

	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Kushal Pasumarty	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Sanskar Tokas	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Bastab Bordoloi	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Sanjay C.J.	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	2
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	2
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Fly	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Fly	1
	Aaliyah Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Br	1
	Aaliyah Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Br	1
	Aaliyah Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	2
	Pratyasa Ray	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Bk	2
	Pratyasa Ray	South Asian Aquatic Championships	16th - 23 Oct 2016	100 Bk	1
	Pratyasa Ray	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Bk	1
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	200 FS	2
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	1
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	1
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	1500 FS	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	50 FS	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	100 FS	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	50 Fly	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	200 IM	1
	Poojitha Murthy	South Asian Aquatic Championships	16th - 23 Oct 2016	400 FS	3
	Poojitha Murthy	South Asian Aquatic Championships	16th - 23 Oct 2016	800 FS	3
	Poojitha Murthy	South Asian Aquatic Championships	16th - 23 Oct 2016	400 IM	1
	Silki Nagpure	South Asian Aquatic Championships	16th - 23 Oct 2016	200 Br	3
	Pratyasa Ray	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Aaliyah Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct	4x100	1

			2016	M	
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 M	1
	Aaliyah Singh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	4x100 FS	1
	Khushi Dinesh	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Kenisha Gupta	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Poojitha Murthy	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Mayuri Lingaraj	South Asian Aquatic Championships	16th - 23 Oct 2016	4x200 FS	1
	Maana Patel	9th Asian Swimming Championships	Nov-16	50 FS	14
	Maana Patel		Nov-16	50 Bk	10
	Maana Patel		Nov-16	100 Bk	9
	Maana Patel		Nov-16	200 Bk	8
	Damini Gowda		Nov-16	50 Fly	14
	Damini Gowda		Nov-16	100 Fly	12
	Damini Gowda		Nov-16	200 Fly	9
	Shradda Sudhir		Nov-16	200 IM	13
	Shradda Sudhir		Nov-16	400 IM	9
	Shradda Sudhir		Nov-16	4x100 FS	7
	Damini Gowda		Nov-16	4x100 FS	7
	Shradda Sudhir		Nov-16	4x200 FS	6
	Damini Gowda		Nov-16	4x200 FS	6
	Maana Patel		Nov-16	4x100 M	7
	Damini Gowda		Nov-16	4x100 M	7
	Advait Page	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	1
	Advait Page	9th Asian Age Group Championships	9 - 16 Sep 2017	800 FS	2
	Advait Page	9th Asian Age Group Championships	9 - 16 Sep 2017	800 FS	2
	Advait Page	9th Asian Age Group Championships	9 - 16 Sep 2017	400 IM	3
	Aryan Nehra	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	3
	Aryan Nehra	9th Asian Age Group Championships	9 - 16 Sep 2017	800 FS	3
	Aryan Nehra	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	7
	Kushagra Rawat	9th Asian Age Group	9 - 16 Sep 2017	200 FS	3

	Championships			
Kushagra Rawat	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	3
Kushagra Rawat	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	5
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	3
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	3
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Fly	4
Param Padam	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	4
Param Padam	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	9
Rahul Mohan	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	3
Rahul Mohan	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	5
Srihari Natraj	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Bk	2
Srihari Natraj	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	2
Srihari Natraj	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	3
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	3
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	3
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	200 IM	3
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	400 IM	4
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	5
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Fly	2
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	2
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	3
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	5
Tanmay Das	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
Tanmay Das	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	5
V Leonord	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	6
Vedant Bapna	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Bk	3
Vedant Bapna	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	7
Veer Khatkar	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	4
Veer Khatkar	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	7
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	5

Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	8
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	10
Adithi Balaji	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	7
Adithi Balaji	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	10
Astha Choudhry	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	11
Astha Choudhry	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	12
Kenisha Gupta	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	5
Kenisha Gupta	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	6
Kenisha Gupta	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Fly	9
Sadhvi Gopal Dhuri	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Fly	8
Sadhvi Gopal Dhuri	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	11
Sadhvi Gopal Dhuri	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	11
Tanisha Malviya	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	7
Tanisha Malviya	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	8
Vedant Bapna	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Swadesh Mondal	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Srihari Natraj	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 FS	3
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 FS	3
Kushagra Rawat	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 FS	3
Rahul Mohan	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 FS	3
Rahul Mohan	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	2
Aaron John Fernandez	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	2
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	2
Kushagra Rawat	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	2
Veer Khatkar	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	4
Aryan Nehra	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	4
V Leonord	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	4
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	4
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	1
V Leonord	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	1

	Championships		M	
Veer Khatkar	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	1
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	1
Srihari Natraj	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
S Danush	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Mihir Ambre	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Xavier Micheal D'souza	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	2
Mihir Ambre	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	1
Mihir Ambre	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	4
Mihir Ambre	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Fly	5
S Danush	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	5
Adithi Balaji	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	6
Astha Choudhry	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	6
Kenisha Gupta	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	6
Tanish George Mathew	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	4
Astha Choudhry	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	4
Kenisha Gupta	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	4
P Vikkas	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 Mix	4
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	4x100 M	3
Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
Mitesh Kunte	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	4x200 FS	3
Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	1
Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	2
Shivani Kataria	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	5
T Sneha	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	5
T Sneha	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	6
Chahat Arora	9th Asian Age Group	9 - 16 Sep 2017	100 Br	4

	Championships			
Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	4
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	4
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	3
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	6
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	5
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	5
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	5
Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	8
Anand A Shylaja	9th Asian Age Group Championships	9 - 16 Sep 2017	1500 FS	8
Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	2
Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	3
Anshul Kothari	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	6
Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	8
Avinash Mani	9th Asian Age Group Championships	9 - 16 Sep 2017	200 FS	9
Mitesh Kunte	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	5
P S Madhu	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Bk	4
Sahil Chopra	9th Asian Age Group Championships	9 - 16 Sep 2017	100 FS	5
Sahil Chopra	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FS	5
Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	1
Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	800 FS	2
Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	400 FS	3
Sajan Prakash	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	3
T Sethumanickavel	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	7
T Sethumanickavel	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	8
Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	4
Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	4
Chahat Arora	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Br	4
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Fly	4
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	200 Fly	3
Damini Gowda	9th Asian Age Group Championships	9 - 16 Sep 2017	50 FLY	6

	Championships			
A V Jayaveena	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Br	5
A V Jayaveena	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Br	6
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	50 Bk	5
Jyotsna Pansare	9th Asian Age Group Championships	9 - 16 Sep 2017	100 Bk	5

	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	50 back	10
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	100 Back	7
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	200 back	6
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	200 fs relay	7
	Srihari Nataraj	Asian games 2018	18 to 24 th August 2018	Medley RELAY	9
	Advait Page	Asian games 2018	18 to 24 th August 2018	1500fs	8
	Advait Page	Asian games 2018	18 to 24 th August 2018	800 fs	8
	Advait Page	Asian games 2018	18 to 24 th August 2018	200 back	12
	Neel Roy	Asian games 2018	18 to 24 th August 2018	200 IM	14th
	Srihari Nataraj	Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 20018	50 back	9th
		Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 20018	100 back	13th
		Commonwealth Gmaes, Gold Coast,Australia 18	4 th April to 15 th April 20018	200 bk	17th
	Srihari Nataraj	Youth Olympics, Buenos Aires, Argenttina	6 th to 18 th October 2018	50 back	6 th
		Youth Olympics, Buenos Aires, Argenttina	6 th to 18 th October 2018	100 back	18 th
		Youth Olympics, Buenos Aires, Argenttina	6 th to 18 th October 2018	200 bk	17 th
	Adwait Page	Youth Olympics, Buenos Aires, Argenttina	6 th to 18 th October 2018	800 FS	17 th
	Aryan makhija	Fina World Short Course Hangzhou	11 th 16 th December 2018	1500 Fs	16 th

12.2 Ranking of the Team/important sports persons at the International level (if no medals are won).

Given above

13.0 Brief details of the sport at National Level:

13.1 Details of National Championships (Junior/Sub-Junior/Cadet/Youth etc.) organised in all age group in last two years in following format:

Name of the Championship	Duration	Venue	Best05 Performing States
35 th Sub Junior and 45 th Junior championship 2018	24 th June to 29 th June	Pune	Karnataka Maharashtra Tamil Nadu Delhi Bengal
34 th sub junior and 44 th Junior championship 2017	28 th June to 6 th JULY	PUNE	Karnataka Maharashtra Tamil Nadu Delhi Bengal
33 RD Sub Junior National Aquatic Championship 2016	29 th June – 2 nd July2016	Bangalore	Maharashtra Karnataka Bengal Assam Tamilnadu
43 RD Junior National Aquatic Championship 2016	5 – 9 Jul 2016	Bangalore	Karnataka Maharashtra Tamilnadu Gujarat Bengal

14.0 Annual Calendar for Training & Competition (ACTC) for all categories (Junior/Sub-Junior/Cadet/Youth etc.) of Male and Female separately in the given format:

14.1 National Coaching Camps:

S. No	Purpose of the coaching camp	Composition of the campers	Proposed date for submission of proposal	Period		Total days	Venue	Estimated expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
1	Asian Age group and other Competitions	40 swimmers 36 waterpolo players 20 Divers 12 coaches 3 support staff	Jun3 last week	1 st April	21 st September	174 days	SAI Bangalore / Trivandrum/ Delhi	4,39,35,000 15,15,000 (travel)		
TOTAL								4,54,50,000		

14.2 International Training /Competition/ Exposures:

S. No.	Name of training cum competition abroad	Composition of the participants			Proposed date of submission of proposal	Period		Total days	Venue	Status of the competition	Estimated expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
		Players	Coaches Indian/ Foreign	Support staff		From	To						
	7 th Fina World Junior Championship	8 Boys 6 Girls	3		July week 2 nd	20 August	29 th August	13	Budapest, Hungary		36,89,000		
TOTAL											36,89,000		

14.3 International Competition where team will participate in India:

S. No.	Name of competition	Names of the countries expected to participate	Proposed date of submission of proposal	Period		Total days	Venue	Estimated Expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
	Asian Age Group	35 Asian Countries	May 2019	22 nd September	02 nd October	11 days	Bangalore	50, 00,000		

14.4 Annual Calendar of National Championship for all age categories separately for Junior/Sub-Junior/ Cadet/ Youth etc. with date and venue.

S. No.	Category	Expected number of states and UTs who will be participating	Proposed date for submission of proposal	Period		Total days	Venue	Estimated Expenditure to be incurred as per norms	SAI Comments	Decision of the Committee
				From	To					
1	Covered in Seniors									
2										
3										

15.0 Coaches and Support Staff proposed for providing training at National Camps (Junior/Sub-Junior/Cadet/Youth etc.) separately.

15.1 Foreign Coaches (Provide number and approximate cost).

S. No.	Event	No.	Total approximate cost of salary for financial year 2018-19	SAI Comments	Decision of the Committee
	Covered in Seniors				

15.2 National Coaches (Give detail with Cost).

S. No.	Event	No.	Total approximate cost of salary for financial year 2018-19	SAI Comments	Decision of the Committee
	Covered in Seniors				
	List of Coaches attached Separately				

15.3 Support staff for Training. (Give detail with Cost).

S. No.	Event	No.	Total approximate cost of salary for financial year 2018-19	SAI Comments	Decision of the Committee
	Covered in Seniors				
	List of Support Staff attached separately				

16.0 Sports Equipment (Consumable and portable) required and to be procured for use in preparation of Indian teams/ campers.

SWIMMING:

SWIM BENCHES	10	Nos
HEART RATE MONITOR	25	Nos
LACTATE ANAYSER (PORTABLE)	10	Nos
STOP WATCHES (FREQUENCY CHECK)	20	Nos
STRETCH CORDZ (LAND)	50	Nos
STRETCH CORDZ (WATER)	25	Nos
PUSH OFF CORDZ	25	Nos
FINS	50	Nos
HANDA PADDLES (BIG)	50	Nos
HAND PADDLES (SMALL)	50	Nos
KICK BOARD	50	Nos
PULL BOUY	50	Nos
GYM EQUIPEMENT (SWIM SPECIFIC)	15	Stations
SNORKLES	20	Nos
PACE CLOCK	4	Nos
SWISS BALLS	50	Nos
MEDICINE BALL	50	Nos
STARTING PLATFORM (Reaction time)	8	Nos

Water Polo

GOAL POST (COMPETITIONS AND PRACTICE)	4	Pairs each
WATER POLO CAPS (PRACTICE AND COMPETITIONS)	8	Sets
MEDICINE BALLS (DIFFERENT WEIGHT)	30	Nos
WATER POLO WRIST AND ANKLE WEIGHT	20	Pairs
TRAINING SUITS (BOYS AND GIRLS)	50	Nos
SHOT CLOCKS AND SCORE BOARD	4	Pairs
WHISTLE AND FLAGS AND NETS	20	Nos
WATERPOLO MIKASA BALLS	50	Nos

Diving

DURAFLEX/MEXIFLEX DIVING BOARDS TRAMPOLINE	10	Nos.
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17.0 Synopsis of the Budget:

S. No	Item	Budget	Comments of TEAMS Division
1	National Coaching Camp (Para 14.1)	123,90,000	
2	International competition Abroad (Para 14.2)	454,50,000	
3	International competition in India (Para 14.3)	50,00,000	
4	National Championships (14.4)	Added with Seniors	
5	Remuneration for coach/Support Staff (Para 15.1, 15.2, 15.3)	Added with Seniors	
6	Equipment consumable/Equipment portable (Para 16.0)	Added with Seniors	
7	Total	6,28,40,000	

18.0 Main target of training and achievement expected.

18.1 Main targets in 4 year cycle (specifically in YOG, YAG, YCWG, YCWC& YAC.

18.2 Intermediate targets to be attained in between to achieve the main target/targets.

PART- C (TOTAL)

19.0 Synopsis of the total budget for Part- A& B of ACTC 2018-2019:

S. No	Item	Budget (In INR) (For Senior)	Budget (In INR) (For Junior/ Sub-Junior/ Cadet/ Youth etc.)	Grand Total	SAI Comments	Decision of the Committee
1	National Coaching Camp	112,50,000	123,90,000	2,36,40,000		
2	International competition Abroad	110,00,000	45,450,000	5,64,50,000		
3	International Competitions in India	50,00,000	50,00,000	1,00,00,000		
4	National Championships	22,00,000		22,00,000		
5	Remuneration for coach/Support Staff	2,68,16,000		268,16,000		
6	Equipment consumable/Equipment portable	75,00,000		75,00,000		
	Grand Total	5,37,66,000	6,28,40,000	11,66,06,000		

20.0 Name of three Centers in order of preference for making hub of your sport discipline (Preferably SAI Centers). (Provide an Annexure with details to make these centers fully equipped as per international best standards for training).

1. **SAI CENTRE, BANGALARE**
2. **LNCPE, TRIVNDRUM.**
3. **BALEWADI, PUNE**
4. **Dr SPM POOL ,DELHI**

21.0 COACHES & SUPPORT STAFF PANEL PROPOSED FOR NATIONAL CAMPS

SWIMMING

1	SRI. S.PRADEEP KUMAR	NATIONAL COACH	SENIOR
2	SRI. NIHAR AMEEN	KARNATAKA	SENIOR
3	SRI. TAPAN KU PANIGRAHI	SAI PUNE	SENIOR
4	SRI. WILSON CHERIAN	RAILWAY	SENIOR
5	SRI. A C JAYARAJAN	KARNATAKA	JUNIORS
6	SRI. JAYDEV SHUKLA	RAILWAYS	JUNIOR
7	SRI. R S RAJEEV	KARNATAKA	OPEN WATER
8	SRI. MADHUKUMAR B M	KARNATAKA	SENIOR
9	MISS MANSI TRIVEDI	GUJARAT	SENIOR
10	SRI. SAJI SEBASTIAN	TAMIL NADU	JUNIOR
11	SRI. V. PADMANABHA RAO	KARNATAKA	JUNIOR
12	SRI. BHUPENDER ACHEREKAR	MAHARASHRA	JUNIOR
13	SRI. DHANSHUKH KAGATHRA	MAHARASHTRA	JUNIOR
14	SRI. SUJITH T A	SERVICES	SENIOR
15	SRI. GIRISH B	TAMIL NADU	JUNIORS
16	BUSHAN KUMAR	KARNATAKA	JUNIORS
17	SRI.M S NAIR	SAI	SENIORS
18	SRI.MATHEW LUKOSE	SAI, ALLEPPEY	OPEN WATER
19	SRI. K.T.MATHEW	M.P.	SENIOR
20	SRI. ABHILASH THAMPI	M.P.	JUNIOR

DIVING

WATERPOLO

1.SH.MAYUR VYAS	RAILWAYS	SENIOR			
2.SH. B. RAVI SHEKHAR	POLICE	SENIOR	1.SAIBAL KUMAR SHAW	RAILWAYS	MEN
3.SH. SAMEER KUMAR SAHA	RAILWAYS	JUNIOR	2.T.S. MURALIDHARAN	RAILWAYS	MEN
4.SH. G. PREM KUMAR	SSCB	JUNIOR	3.KISHORE S S	SSCB	MEN
5.SH. G.R. BALARAJU	KARNATAKA	JUNIOR	4.MAYANK PATEL	GUJARAT	MEN
6.SH. R DURAI	TAMIL NADU	JUNIOR	5. ANIL KUMAR	KERALA	WOMEN
7.SH. RAJATH GOSWAMI	SSCB	SENIOR	6.G. SREE KUMAR	KERALA	WOMEN
8.SH. BHOUSAHEB DIGHE	RSPB	JUNIOR	7. TARAK NATH SHAW	RAILWAYS	MEN
9. SH. KUNJU KISHRE SINGH	SSCB	SENIOR	8. ARUN MERCHANT	MAHARASHTRA	MEN
			9. SHAURYA KARNDIKAR	MAHARASHTRA	MEN
			10. AJITH SINGH	MAHARASHTRA	WOMEN
			11. Miss. MALAVIKA GUBBI	KARNATAKA	WOMEN

SUPPORT STAFF FOR TRAINING

1. Dr. Hiren Patel Physiotherapist
2. Dr. Prachi K Shah Physiotherapist
3. Ignatious Richard Physiotherapist
4. Dr. Majumdar Physiologist
5. Aashish Kushwah Masseur